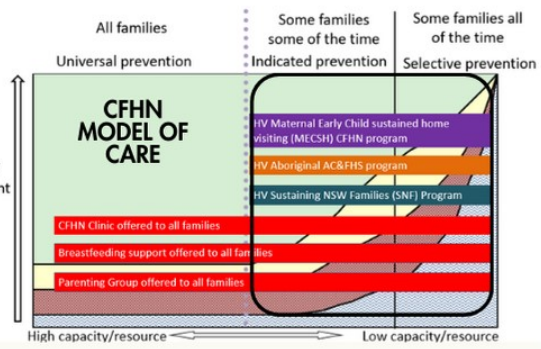


CHILD AND FAMILY HEALTH NURSE HOSPITAL IN-REACH PILOT



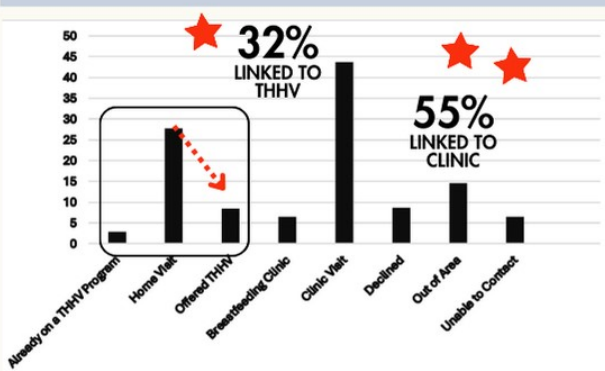
AN EQUITABLE PROPORTIONATE UNIVERSALISM APPROACH WITH A TAILORED RESPONSE



INTRODUCTION

The Child and Family Health Nurse (CFHN) Hospital In-Reach Pilot, running from 13 May to 29 July 2024, aims to integrate Maternity services at Campbelltown Hospital with Narellan CFHN services. This initiative ensures timely access to coordinated care for vulnerable women and their children, highlighting CFHN services and facilitating a smooth transition from hospital to community care.

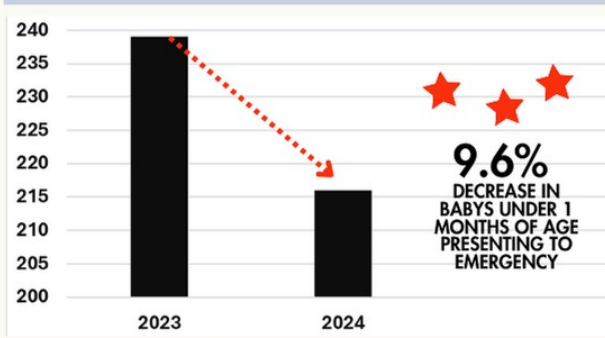
MATERNITY REFERRALS- MAY TO JULY 2024



BACKGROUND

The pilot addresses the need for continuous and timely care for vulnerable maternity clients moving into CFHN within primary and community health. It enhances hospital staff's understanding of CFHN services and improves client accessibility. Early engagement in CFHN services leads to better health outcomes for women and babies (NSW First 2000day 2019).

EMERGENCY DEPARTMENT BABY PRESENTATIONS- MAY TO JULY



METHODOLOGY

The methodology employs mixed methods, combining qualitative and quantitative surveys. It involves a file review to identify vulnerable women and bedside interviews to discuss care transitions. CFHN nurses use TYE and MEMs surveys to assess outcomes, visit patients at their bedside or contact them by phone, provide service information, and book appointments for consenting women.

FINDINGS

Between 13 May and 29 July 2024, 137 women from maternity were referred to CFHN services, including antenatal, postnatal, and MSP clients. Services provided included home visits, clinic visits, and breastfeeding support. Clients living out-of-area or declining services were excluded. Of the 137 referrals, 80 were actioned, with common reasons being first-time parent, breastfeeding difficulties, mental health concerns, premature birth, and low birth weight. 12 families were linked to MECSH a targeted health home visiting program, while 4 were already linked to either SNF or ACFHS.

CONCLUSION

The In-Reach Pilot delivered significant positive outcomes for families, showcasing the powerful impact of early referrals between hospital maternity services and community CFHN services in providing vital support to vulnerable mothers and babies.

TYE

- Very helpful
- Lots of guidance and information
- Pilot should continue.
- Face to Face meeting very helpful to learn about the Child and Family service.



MEM

- Identifying women and babies who need early support has been extremely beneficial.
- This pilot has highlighted the need for face-to-face connection between the hospital and community child and family health service.



EARLY INTERVENTION MODEL OF CARE
SMOOTH TRANSITION FROM HOSPITAL TO COMMUNITY



SWSLHD Science Improvement Project
Sponsor: Wendy Aspery CFHN NM
Project Lead: Adele Hazelwood CFHN NUM
Team Member: Kristy Rodriguez CFHN ACNE



Health
South Western Sydney
Local Health District