

Towards Exemplar Hospital Discharge for NDIS Participants “Right Supports, Right Time”

Dr Katherine Kelly, SWSLHD Disability & NDIS Coordinator

AIM: Pilot streamlined discharge planning for NDIS participants in Liverpool Hospital



5
wards

4
months

42
patients



WHAT DID WE CHANGE?

START AT ADMISSION

- Identify NDIS participant
- Enter NDIS participant flag on eMR
- Refer to NDIS Health Liaison Officer

EARLY CARE AND DISCHARGE PLANNING

- Multidisciplinary **huddle**
- Stream to 1 of 3 discharge **pathways**

COORDINATION & COLLABORATION

- Regular **discharge meetings** with MDT & NDIS providers

WHAT HELPED?

- NDIS participant status displayed on ward journey board
- Collaboration with NDIS Health Liaison Officer at full scope (not just escalation)
- Weekly facility NDIS participant meeting monitoring progress of patients
- Prompting by NDIS Health Liaison Officer / Disability Resource Team
- Regular **discharge planning meetings** with **provider stakeholders**
- New **resources** and **education**

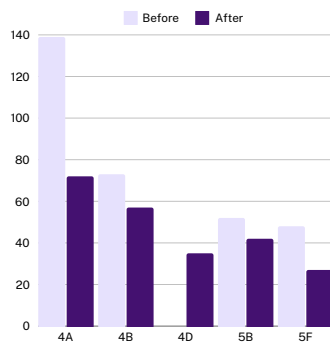
RESULTS

EARLIER IDENTIFICATION OF NDIS PARTICIPANTS

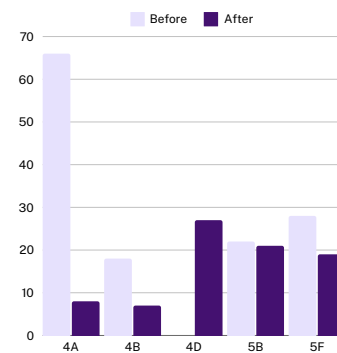
Before
27 days

After
2 days

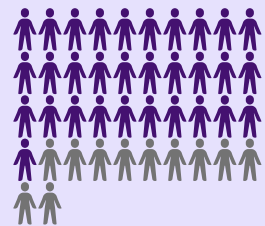
REDUCED AVERAGE LENGTH OF STAY (Days)



FEWER DAYS TO START DISCHARGE PATHWAY



74% OF PATIENTS ABLE TO
LEAVE HOSPITAL **WITHOUT**
WAITING FOR A **FUNDING**
REVIEW



CONCLUSION

Proactive surveillance for NDIS participant status at admission means patients' needs are identified earlier.

Early identification of NDIS participants allows discharge planning to start earlier.

Better coordination between MDT, NDIS HLO and providers makes discharge planning more efficient.

This reduces length of stay.

SWSLHD-DisabilityandNDIS@health.nsw.gov.au

