



# Bilingual Community Educators (BCEs): Empowering your research with cultural expertise

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## Who are Bilingual Community Educators (BCEs)?

Bilingual Community Educators (BCEs) are bilingual and bicultural workers who are engaged by the SWSLHD Multicultural Services to deliver health education programs in languages other than English. They are recruited for their community connections and are trained in group facilitation and basic focus group and interview methods.

### We Offer Expertise in:

#### Languages:

Current languages available: Arabic, Assyrian, Bengali, Bosnian, Cantonese, Croatian, Dari, Farsi, Hindi, Khmer, Mandarin, Serbian, Spanish, Vietnamese. (We can also source more languages!)

#### Health Topics:

- ✓ Cancer Screenings
- ✓ Diabetes
- ✓ Domestic Violence
- ✓ Heart Diseases
- ✓ Mental Health
- ✓ Nutrition
- ✓ Parenting
- ✓ Stress
- ✓ Women's Health and more.

### How can BCEs contribute to your research?

Partner with BCEs to:

- ✓ **Increase Community Engagement:** BCEs often have established relationships within their communities, which can increase recruitment for research activities.
- ✓ **Improve dissemination of research findings:** BCEs can assist in promoting research findings to diverse communities.
- ✓ **Improve Data Collection:** BCEs can help overcome language barriers by conducting interviews, surveys, or focus groups in languages other than English, ensuring clearer communication and more accurate data.
- ✓ **Increase Trust:** BCEs' involvement helps ensure that research practices are respectful and ethical, addressing potential concerns or skepticism from the community.

### Awards and recognitions for programs that have utilised BCEs:

- 1 2023 SWSLHD Quality Awards (Keeping People Healthy): Changing Life Keep Your Balance – Mental Health Literacy program, Health Literacy, Multicultural Services
- 1 2022 Quality Awards (Keeping People Healthy): Diabetes Awareness and Self-Management BCE Program

### Contact

For more information, please contact **Iman Zakhary, BCE Program Officer**  
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### Short on time?

Snap a picture of the poster!



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